

Foothill College
Community Health Worker Advisory Board Meeting Minutes
Meeting Date: Dec 11, 2024
Meeting Location: Zoom

Call to Order: Rebecca Ryan called to order the regular meeting of the Foothill College Community Health Worker Advisory Board meeting on December 11, 2024, at 2:00pm.

Roll Call: There were sufficient members for a quorum.

Members Present

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| 1. Rebecca Ryan (Foothill College) | 7. Gerard Manuel (AACI) |
| 2. Leigh Howell (FHDA Foundation) | 8. Shirley Treanor (Foothill College) |
| 3. Aaron Asilo (Second Harvest Food Bank) | 9. Trinh Nguyen (SCFHP) |
| 4. Claribel Chavez (Second Harvest Food Bank) | 10. Adrienne Saxton (Cabrillo College) |
| 5. Darouny Somsanith (CCSF) | 11. Jesse Tarango (Community Health Partnership) |
| 6. Nancy Cheung (Foothill College) | |

Members Not Present:

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| 12. Nanette Solvason (BACCC/HWI) | 16. Cathy Draper (Foothill College) |
| 13. Angelina Michael (Foothill College) | 17. Miloni Gandhi (Foothill College) |
| 14. Kristen Colchico (Diablo Valley College) | 18. Teresa Ong (Foothill College) |
| 15. Dolores Alvarado (Community Health Partnership) | 19. Yuko Kawasaki (West Valley College) |
| | 20. Daniel Kokoski (Community Health Partnership) |

Meeting Outline/Notes:

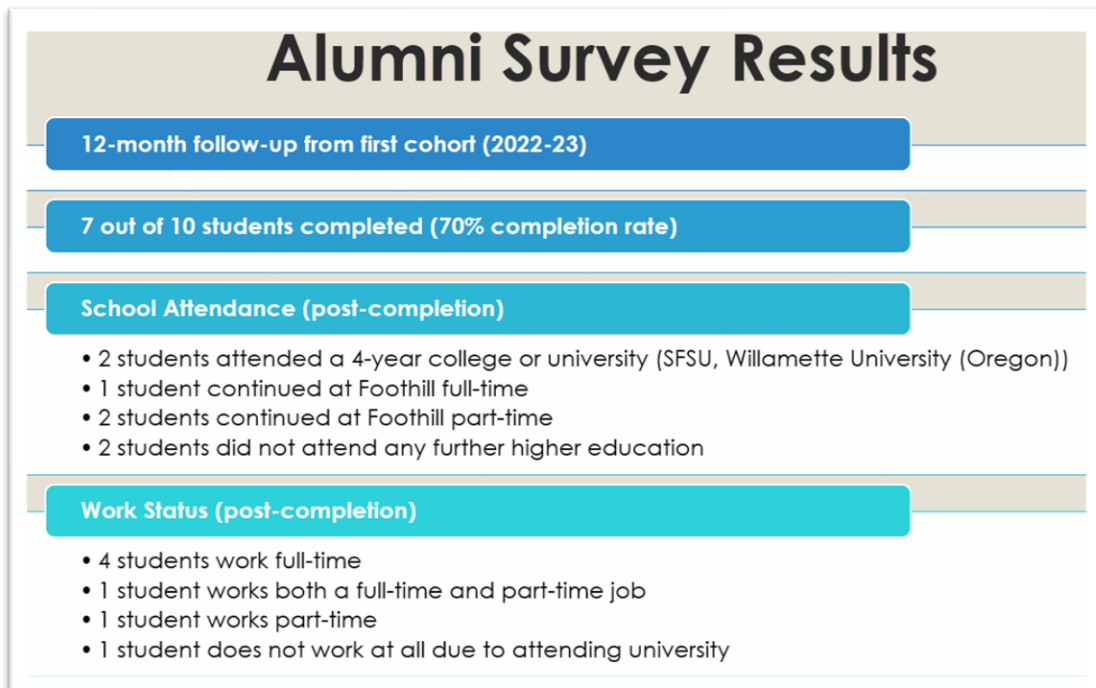
1. **Minutes from November 8, 2023, meeting.** Nancy Chueng motioned to approved minutes; Leigh Howell seconded the motion. Motion approved.
2. **Reviewed agenda.** Claribel Chavez made a motion to approve the agenda, Gerard Manuel seconded the motion. Motion approved.
3. **Presentation Notes:**
 - a. *Status of CHW program:*
 - i. **HLTH 101:** Hyflex was not effective. Instructor could not support both in-person and online students simultaneously. Modality will be synchronous online to serve more students even though in-person is preferred
 - ii. **Completion Rates:** 2022-23: 10 students, 2023-24: 15 students , 50% increase!
 - iii. **Student success/attrition:** 22 start of Fall, 17 continuing, 17 in good standing.

- iv. **New students in Winter:** 7 potential. Aiming to have 20 complete by Spring (up from 15 last year).
- v. **Caps on students in need of internships:** No more than 15-20/year.

b. **General Announcements:**

- i. **HCAI CHW Certificate Update (Training site):** Decision made: There will NOT be a statewide certification, accreditation, etc. Medi-Cal requirements remain the only state requirements (includes an internship/training component).
- ii. **CHW Ambassador:** Cheryll Cortado finished her 1-year tenure in December. Jarrod Pagan will join as the new ambassador. FHDA Foundation has been funding Ambassadors for the CHW program. Rebecca Ryan hosted HCAI dialogue session earning \$1,000 towards the Ambassador costs. We shared that we are seeking \$500 to cover the deficit in covering the CHW Ambassador and **Leigh Howell (FHDA Foundation)** stated that they could cover the deficit. *Thank you, FHDA Foundation!* CHW Ambassador funded through the end of 2026.
- iii. **Student Stipends:** As part of Community Health Partnerships HRSA grant, students are receiving a \$4500 stipend for school year 2024-25. Note: At the time of this writing (Feb 2025), stipends may be in flux due to the new federal administration.

- c. **Alumni Survey:** See screenshots from our presentation with data about our 2022-23 program completers:



CHW Work Experience (Post-Program)

- 4 students continued work in the CHW field (paid and/or voluntary)
- 3 students did not continue working/volunteering in the CHW field

Student identified CHW Skills Used (Post-Program)

- Trauma-informed care skills to build relationships with clients.
- Resource navigation
- Cultural humility and motivational interviewing
- Active listening
- Advocate for family/friends

Student experiences:



- *"I am volunteer with the American Red Cross Service to the Armed Forces. My best example was of using my skills was helping an AIDS client connect with local resources. I am also able to answer general questions with confidence related to Cal-Fresh and Medi-Cal application sign up. Other CHW skills learned in HLTH 101 such as reflective listening and having the client direct me with what type of help they need has been helpful."*
- *"I work as a medical assistant in OBGYN and it prepared me to work with patients and understand how to make sure I'm always empathetic and aware."*

CHW Student Ambassador Reflections

- “[The] ambassador bridges the gap between the program director and students.”
- “I appreciated the support from the ambassador he was super helpful and supportive. I always felt easy to ask for help and he was on top of it”
- “This is an important role and should be kept.”
- “Justin was a great Ambassador, encouraged and supportive with the projects we had in class.”

Program Structure and Classes:

- **HLTH 101**, which provided an overview of the CHW field, was *highly praised* for preparing students for real-world scenarios, with many mentioning how the class discussions and role-playing exercises in the course were *beneficial*.
- Many noted that courses like **HLTH 21** helped build foundational knowledge, particularly in health topics and disease outcomes.
- The **CNSL 6** class received some *criticism* (2 students) for being less engaging and not very helpful.

Considerations for the CHW Program:

- **Internship**: Some students felt the internship was valuable and others felt that the internship was not well-organized.
- Is this an opportunity to pivot away from CNSL 6 (Exploring Leadership)? If so, what would be helpful? Make final decision after next alumni survey?

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4. Questions and Discussion

- a. *Discussion #1: Issue with length of the CHW program at Foothill/college programs vs. the CBO's which can accomplish the same certificate in a much shorter time.*
 - i. **Gerard Manuel, ACCI**: Said he sees the value in what Rebecca is saying about the educational training and the opportunities it provides for students. At the same time, I'm hearing from the CHWs we're trying to recruit that they're struggling to find time to commit to the training. When we did our first round of recruitment, only one organization participated, which really highlights the difficulty of fitting it into their schedules, especially for those with multiple jobs. The biggest feedback I've received is that while the program is great and offers a lot of depth and benefit.”
 - ii. **Jesse Tarango, CHP**: 16 units makes Foothill College less competitive since there are a lot of other options. Some of the feedback he's heard: It's great but it's also a lot to take on. The ones that completed got a lot out of it but it's just a big commitment for people.
 - iii. **Trinh Nguyen, SCFHP**: Although he couldn't talk specifically about the CHW program that was recently created within SCFHP, he did say it was tailored to Medi-Cal's requirement. Different from the Foothill program.
 - iv. **Darouny Somsanith, CCSF**: Suggesting showing how much costs (as part of advertising) – qualifying for financial aid. Added value people don't know. Nice to have

options for different training for different people's needs. Added value: Been around for a long time and will need to be around. If they NEED transcripts, they will still be around. Employee-partner may not exist, and they lose certificate from that trainer, it will be difficult to track down. The 16-units triggers reimbursement but also within the transcript.

- b. *Discussion #2: Difficulty with placing students. May have to push into Spring.*
 - i. **Shirley Treanor**: Check with DeAnza's Health Center; some students getting their clinics later in the year. Not everyone gets rotation in that particular quarter. Let them know up front.
 - ii. **Darouny Somsanith, CCSF**: Look within the college itself.

- c. *Discussion #3: Alumni Survey: Questions for future surveys*
 - i. What is their current salary in their current CHW role?
 - ii. Longevity: Planning on staying in the field? How many years?
 - iii. Position: Contract? ST? Salaried? Benefits with current position?
 - iv. Demographics: SDOH? Check with the DMS and RSPT programs

- d. *Discussion #4: Bilingual Assessment: Seeking Feedback/Sources*
 - i. **Darouny Somsanith, CCSF**: Suggestion: [Alta Language](#) or Five Keys program. About \$100. If they qualify for financial aid, service paid for by college. Connect after the call.
 - ii. **Nancy Cheung, FH**: Check with Perkins or AEP money to pay?

Next Meeting:

- a. **Advisory Board: TBA**. The consensus was 10am was a better fit and a reduction of time for the meetings in our 2023 meeting. Unfortunately we had to meet at 2pm for our Dec 2024 meeting, but will aim for 10am in 2025.