

### Foothill Annual Program Review 2023

Annual Program Review Template 2023

### Annual Program Review 2023

1. Number of full-time faculty in the program.

1

2. Number of part-time faculty in the program.

0

3. Number of staff in the program.

1

4. Do the above numbers reflect any staffing changes?

No

5. Refer to the most recent Comprehensive Program Review, what were the identified actions for improvement? Identify any current and/or new Strategic Goals.

To increase FTES the division has discussed dual enrollment and increased marketing to local high schools for concurrent enrollment. High schools don't typically offer Kinesiology classes and it is a good way for students to see if they want to enter the field of Personal Training. The division has discussed and planned for stacking our certificates so that a student could get more than one certificate. We are exploring partnerships to better align with the requirements students need to attain national certifications. This would potentially increase our enrollment in the Personal Trainer program. As of this fall, we began using Program Mapper to aid course planning and scheduling.

6. What actions identified in the Comprehensive Program Review (or most recent Annual Program Review if no Comprehensive Program Review) have you completed this year?

The division has begun using Program Mapper and has continued working to partner with national certificate groups to align the Personal Trainer program so that students will be prepared to take their certification exams. We also continue to seek partnerships with high schools and other partners to grow the program.

7. Explain your implementation timeline and if there have been any changes or updates.

N/A

8. Explain the evidence the program used to evaluate progress and provide an update on progress.

We will use the program data sheets to measure the program's recovery from the pandemic and the growth that will occur.

9. Click the link and follow the instructions to the Disproportionate Impact dataset, then respond to the prompt below.

[https://foothilldeanza-my.sharepoint.com/:b:/g/personal/20078222\\_fhda\\_edu/EctjgGNEurtMlb1n6ZQ5k3kBNTEjiE9G\\_kGSHMhfM1tsrA?e=yDcC7c](https://foothilldeanza-my.sharepoint.com/:b:/g/personal/20078222_fhda_edu/EctjgGNEurtMlb1n6ZQ5k3kBNTEjiE9G_kGSHMhfM1tsrA?e=yDcC7c)

Identify the groups that are experiencing a disproportionate impact in the most recent year (highlighted in orange). In the text box below, provide the percentage point gap and the number of additional successes needed to erase the percentage point gap for each group.

Latinx  
% point gap -18  
number of additional successes needed to erase the percentage point gap: 13

Low Income  
% point gap -16  
number of additional successes needed to erase the percentage point gap: 19

10. Use this opportunity to reflect on your responses in this document. Include your closing thoughts.

There continues to be growth in the fitness industry and there is a clear need for Personal Trainers. The Personal Trainer program at Foothill provides the needed skills for students to enter this field. The program is ready to grow and meet the needs of not only students but employers in the future for those choosing this as a profession or choosing to become a Personal Trainer as a second income or as a gateway to other careers in health and fitness. Other areas to look at would be to try and understand what is the reason the Latinix student is taking Kins 9 and whether they are then taking other courses in the Personal Trainer certificate program and how we can get them to take more courses in the program. It would also be good to look at why certain students like taking online classes.

---

This form is completed and ready for acceptance.

---

## Rubric Annual Program Review

### Criteria

The program's responses...

- align with the program's goals
- align with data
- are informed by data
- are within the control of the program
- have measurable outcomes

Meets Expectations

Needs Improvement

### Feedback

The incorporation of modern technologies in teaching and learning could be strengthened. We should consider investing in updated equipment and software to better align with industry standards, ensuring graduates are well-prepared for technological demands in their careers. Explore opportunities for the Personal Training Program to actively engage with the local community. This could involve organizing health and wellness events, offering community education programs, or collaborating with local organizations to address health-related issues.

---

This form is completed and ready for acceptance.